



Patience Smalls ~ May 2nd  
M'Kenzie Chaplin ~ May 9th  
Rosemary Burns ~ May 11th  
Taylor Eugene ~ May 15th  
Lennetta Pollock ~ May 21st  
Danielle White -Smalls May 24th  
Sally (Mayola) Jenkins ~ May 28th  
Andre` Pollock ~ May 31st



**New Youth**  
Youth Choir rehearsal will be held every Saturday before the Second (2nd) and Third (3rd) Sundays from 10:00 am to 11:30 pm unless you receive a message indicating that rehearsal will be held at an earlier time or cancelled.  
If you are in grades Sixth (6th) to Twelfth (12th) and you're interested in becoming a member of the Youth Choir Ministry please join us during those rehearsal times.

Thank you,  
Youth Choir Director  
Sister Gwen Smith

**SAVE THE DATE**  
**V.B.S. 2025**  
Dates To Be Announced

BETHESDA CHRISTIAN FELLOWSHIP  
Post Office Box 515  
Saint Helena Island, South Carolina 29920

## Bethesda High School Seniors

The Scholarship Committee will secure a list of students who meet the following criteria. The committee recommends its conclusions to the church.

- 1) The applicant must be an active participating member in good standing with Bethesda Christian Fellowship.
- 2) The applicant must be a regular Sunday School attendee.
- 3) The applicant must be an active member in at least one auxiliary.
- 4) The applicant must have been a participant in the two most recent Tuesday/Wednesday Evening Academies.
- 5) The applicant must have attended at least two Young Men and Women Auxiliary workshops in the last calendar year.
- 6) The applicant must have at least one year membership tenure.
- 7) The applicant must have at least a 3.0 GPA and be in the top 20 percent of his/her graduating class.
- 8) The applicant must submit a narrative detailing future plans and degree pursuits. The narrative must describe how the applicant's degree will affect others and how it will affect their walk with the Lord.
- 9) The applicant must have a letter of acceptance from an accredited institution of higher learning.

### High School Seniors

Any information shared with Bethesda concerning college scholarships will be available on the Church's website.  
([Message Board](#) | [Bethesda Christian Fellowship](#))

## Bethesda Christian Fellowship Livestreaming



### Join Us on Sunday Mornings For Our Teaching and Learning Experiences

Sunday Worship Services can be accessed via livestreaming on Sundays at 10 AM on:

- Bethesda Christian Fellowship Facebook page [Bethesda Christian Fellowship - Home](#) | [Facebook](#)
- Bethesda Christian Fellowship live stream on YouTube [Bethesda Christian Fellowship - YouTube](#)
- Our webpage [Bethesda Christian Fellowship \(revmediatv.com\)](#)

(Remember to Like the Bethesda Page.)

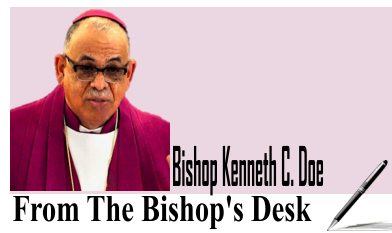
**BETHESDA CHRISTIAN FELLOWSHIP**  
Access the broadcast by phone at  
**1(848)777-1500 - Conference ID**  
**8438384410 - Access Code**



Please join us for "Wisdom and Wonder In GOD'S Word" segment that's livestreamed every Wednesday at 1:00 pm on Facebook.

Sermons can be found on our Bethesda Christian Fellowship Facebook page. Edited versions can be found on YouTube at Bethesda Christian Fellowship St. Helena Island, as well as, under Sermons on our webpage.

Place Stamp Here



Decently and in order." These words are part of I Corinthians 14:40. The entire verse is, "Let all things be done decently and in order." It was an admonition from the LORD through the Apostle Paul concerning maintaining order in worship assemblies. The Corinthian church needed guidelines that assured that "tongues, prophecies," nor any other permissible activities would be abused, thereby compromising the integrity of the worship experience. It seems Paul was saying that even good things needed to be managed.

Now, let us fast forward from Paul and the first century Christian church to Paul's word to us, the twenty-first century church. More particularly, let us seek the voice of the LORD from this verse to the summer situations of our children, families, and communities. Even now the LORD'S words to us are the same, "Let all things be done decently and in order." Each summer, we hear of a variety of negative situations that involve someone's child or group of children being in an inappropriate place at an inappropriate time without appropriate supervision. Fathers, mothers, grandparents, and other guardians, you are responsible for your children's location and behavior twenty-four hours each day.

Summer school programs, summer camps, clubs, Vacation Bible School, and other resources may offer assistance. Still, parents and guardians must face and embrace responsibility for children. This includes what they do, where they go, how they behave, what they wear, and with whom they associate, among other things.

Freedoms must be given form and structure. In other words, destinations must be specific, time for each activity must be set, curfews must be set and enforced.

Besides giving form to their outside activities, parents must provide structure for the home scene. Children need chores appropriate for their abilities. Rewards are fine. They must, however, be rewards which have been earned. In other words, "Let all things be done decently

# The Bethesda Herald

A Ministry of Bethesda Christian Fellowship



and in order" I Corinthians 14:40.  
The negative patterns of summers must be turned around. It is our job to get it done. So, think ahead. Plan ahead. Work your plan. Thereby, we and our children may be able to look back on an enjoyable, blessed summer.

Shalom, my Friends,  
Bishop Kenneth C. Doe

## Proverbs 31:10-12,25-31

<sup>10</sup>Who can find a virtuous woman? For her price is far above rubies. <sup>11</sup>The heart of her husband doth safely trust in her, so that he shall have no need of spoil. <sup>12</sup>She will do him good and not evil all the days of her life. <sup>25</sup>Strength and honour are her clothing; and she shall rejoice in time to come. <sup>26</sup>She openeth her mouth with wisdom; and in her tongue is the law of kindness. <sup>27</sup>She looketh well to the ways of her household, and eateth not the bread of idleness. <sup>28</sup>Her children arise up, and call her blessed; her husband also, and he praiseth her. <sup>29</sup>Many daughters have done virtuously, but thou excellest them all. <sup>30</sup>Favour is deceitful, and beauty is vain: but a woman that feareth the LORD, she shall be praised. <sup>31</sup>Give her of the fruit of her hands; and let her own works praise her in the gates."

## Mother's Day Announcement Bethesda Christian Fellowship Men's Ministry

We pray that you and your family are all doing well. What can we say about the awesomeness of our GOD, Jesus Christ our Lord and Savior and the Holy Spirit?  
The Men of Bethesda, invite you to partake in a Drive-Through Luncheon on Saturday, May 10th, 2025, the Drive-Through Luncheon will be from 12 noon until 1:30 pm at Bethesda. Please come out and share in the fellowship! We will observe all Covid protocols! If you are available to deliver meals to our Senior Adults, please contact Sis. Theresa Jenkins or Sis. Mildred Glover.

Sincerely,  
Bro. Arnold Smalls  
Leader

## Bethesda Christian Fellowship Women of Excellence Ministry

The purpose of this ministry is to assist women and young and older girls in fully understanding and fulfilling God's plan for them. We seek to educate and train our young and adult ladies in behavior that exemplifies holiness and godliness through the Word of God so that they become better mothers, wives, teachers and spirit-filled women taking their rightful place in God's divine plan as expressed in **Titus 2:3-5** and **Proverbs 22:6**. This ministry's purpose is achieved through opportunities to work with young and older girls and adult women during our Tuesday Evening Academy sessions. During the Academy sessions, women and girls are exposed to biblical teachings, activities, and worship that help to mold and develop them. The Women of Excellence Ministry also facilitates Intercessory Prayer on the third Saturday morning of each month. We share in the work of the Lord through evangelism as we share with those who are unsaved, backslidden and in need of spiritual uplifting. The Facilitation of Women's Day is another way the Ministry achieves its purpose in this body. The Women of Excellence Ministry's function is important to the wholeness in our fellowship. In order to bring healing and deliverance in the lives of women and girls, the Ministry strives to help others experience God's mighty hand and graciousness through the power of His Word. We are blessed with a sweet bond of sisterhood through the precious presence of the Holy Spirit. We strive to help women and girls.

## Bethesda Ladies!

In Celebration of Mother's Day and in honor of all Mothers, all ladies, young and old are invited to wear any shade of green during worship service on Sunday, May 11th, 2025



# WHAT MY MOTHER MEANS TO ME

## (A MESSAGE FOR MOM)

My mother sustained me in her womb for nine months long,  
During that time she sang and talked to me to keep me strong.  
Entering this world I was screaming and crying with all my fears,  
She comforted and nurtured me and whispered lovingly in my ears.  
She led me and guided me throughout my infant years,  
I knew I could trust and lean on her through all of my tears.  
She led and guided me with those gentle and wise eagle eyes,  
She pushed me and taught me and showed me how to aim high.  
Sometimes she annoyed me and I wanted to yell and shout,  
But I knew how to keep quiet or get punched in the mouth.  
She always made me feel like I was a princess or a queen,  
Even when I said or did things I really didn't mean.  
I always respected my mother whether she was right or wrong,  
I said "Yes Ma'am" and agreed with her because I wanted to live long.  
No matter what happened or how I wanted to act,  
My love and appreciation for Mom kept me on track.  
The heart of a home is a mother whose love is warm and true,  
Our home was always sweet because mother knew what to do.  
I am a strong woman because a strong woman raised me,  
Without that strength, I hate to think of where I would be.  
Of all the things in my life, the big and the small,  
The love for my mother is the greatest of them all.  
God gave me a mother who will never, never, grow old,  
She had a heart full of love and strength that shined like pure gold.  
I wanted her to say she loved me more than my sister or brother,  
She said she loved us all the same and I would realize it when I become a mother.

Well, when I had children I ended up having that same conversation.  
I thank her for that talk back then because it fixed my situation.  
Mom wanted her children to love each other and live under God's Grace,  
She allowed us to be our own person and find our own place.  
Mom knew that she would go and leave us one day,  
We are okay, because she taught us how to pray.  
I thank Mom from my heart for all the love she gave to me,  
I thank God for giving me the best Mother there could ever be.  
She planted good and lovely things in the garden of my heart,  
She sowed the best kind of seeds in me from the start.  
I pray she feels that her love is reflected in me,  
I am my mother's garden, I am her legacy.

Ladies, especially those who are mothers, I challenge you to think about what your mother means to you. You might be surprised to see that we have some of the same views of our mother.

Author: Theresa B. Jenkins

## May Mental Health Awareness Month

### What is Mental Health?

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act, and helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood. Over the course of your life, if you experience mental health problems, your thinking, mood, and behavior could be affected.

### Early Warning Signs & Symptoms

Not sure if you or someone you know is living with mental health problems? Experiencing one or more of the following feelings or behaviors can be an early warning sign of a problem:

- ♦ Eating or sleeping too much or too little
- ♦ Pulling away from people and usual activities
- ♦ Having low or no energy
- ♦ Feeling numb or like nothing matters
- ♦ Having unexplained aches and pains

- ♦ Feeling helpless or hopeless
- ♦ Smoking, drinking, or using drugs more than usual
- ♦ Feeling unusually confused, forgetful, on edge, angry, upset, worried, or scared
- ♦ Yelling or fighting with family and friends
- ♦ Experiencing severe mood swings that cause problems in relationships
- ♦ Having persistent thoughts and memories you can't get out of your head
- ♦ Hearing voices or believing things that are not true
- ♦ Thinking of harming yourself or others
- ♦ Inability to perform daily tasks like taking care of your kids or getting to work or school

Do you think someone you know may have a mental health problem? Talking about mental health can be difficult. Learn about common mental health myths and facts and read about ways to help you get the conversation started.

## Tips for Living Well with a Mental Health Condition

Having a mental health condition can make it a struggle to work, keep up with school, stick to a regular schedule, have healthy relationships, socialize, maintain hygiene, and more. However, with early and consistent treatment often a combination of medication and psychotherapy—it is possible to manage these conditions, overcome challenges, and lead a meaningful, productive life.

Today, there are new tools, evidence-based treatments, and social support systems that help people feel better and pursue their goals. Some of these tips, tools and strategies include:

- ♦ **Stick to a treatment plan.** Even if you feel better, don't stop going to therapy or taking medication without a doctor's guidance. Work with a doctor to safely adjust doses or medication if needed to continue a treatment plan.
- ♦ **Keep your primary care physician updated.** Primary care physicians are an important part of long-term management, even if you also see a psychiatrist.
- ♦ **Learn about the condition.** Being educated can help you stick to your treatment plan. Education can also help your loved ones be more supportive and compassionate.
- ♦ **Practice good self-care.** Control stress with activities such as meditation or tai-chi;

eat healthy and exercise; and get enough sleep.

- ♦ **Reach out to family and friends.** Maintaining relationships with others is important. In times of crisis or rough spells, reach out to them for support and help.
- ♦ **Develop coping skills.** Establishing healthy coping skills can help people deal with stress easier.
- ♦ **Get enough sleep.** Good sleep improves your brain performance, mood and overall health. Consistently poor sleep is associated with anxiety, depression, and other mental health conditions.

## April Sermon Recap

April 6th, 2025

"By the Help of the Lord"

Matthew 5:43-48; Ephesians 5:1-2;  
Romans 3:20-23; 1 John 4:11-21

Bishop Kenneth C. Doe

April 13th, 2025

"Who Is This?"

Matthew 21:1-11

Bishop Kenneth C. Doe

April 20st, 2025

"Reflecting the Cross of Christ"

1 Corinthians 13; 1 Corinthians 12

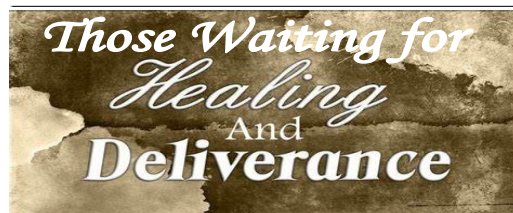
Bishop Kenneth C. Doe

April 27th, 2025

"Faith Dispelling Fear"

Mark 9:17-27

Bishop Kenneth C. Doe



We continue to pray with and for those waiting for healing and deliverance.

We also continue to pray for those going through bereavement.

## Bethesda High School Seniors

Class of 2025

Please Submit your Graduation Photo, High school attended and plans after high school. (College /Major, Military, etc.) by May 25, 2025.

# African American History

## Did You Know?



Molly Williams  
(1767 - 1841)

The inspiring story of Molly Williams – one of the earliest documented African American, and the first documented women, in firefighting. Molly Williams was an African American woman and a slave of New York City merchant, Benjamin Aymar, in the early 1800's. The stories differ on how Molly came to be a member of the Ocean Engine Company #11 in Manhattan. Many say Aymar – a volunteer firefighter himself – initially brought her into the fire department to work as a cook.

The winter of 1818 was particularly harsh for New York. Influenza raged throughout the community, causing community members to fall ill in droves. Also during this era, fire pumpers existed to help with the delivery of water to a fire scene, but they were completely manual. The apparatus for Ocean Engine Company #11 was no exception. It was a small pumper that had to be manually pulled to the scene by a firefighter on foot to deliver water.

One crisp, winter day a blizzard struck the city while all of the volunteer firefighters were out sick with the flu. During that time, a fire broke out in the jurisdiction of Ocean Engine Company #11. Molly, who was the only one not ill at the fire station, jumped into action and pulled the pumper by herself through deep snow to respond to the emergency. She was hailed for her strength and heroism, earning her the nickname of "Volunteer No. 11" within the company.

Molly is the earliest, documented instance of an African America individual, and a woman, in the fire service. Whether she knew it at the time or not, she was both a pioneer for people of color and women in this industry and continues to serve as an inspiration.



Lucean Arthur Headen  
(1879–1957)

Born in Carthage, North Carolina, Lucean Arthur Headen, grew up amid former slave artisans. Inspired by his grandfather, a wheelwright, and great-uncle, a toolmaker, he dreamed as a child of becoming an inventor. His ambitions suffered the menace of Jim Crow and the reality of a new inventive landscape in which investment was shifting from lone inventors to the new "industrial scientists." But determined and ambitious, Headen left the South, and after toiling for a decade as a Pullman porter, risked everything to pursue his dream. He eventually earned eleven patents, most for innovative engine designs and anti-icing methods for aircraft. An equally capable entrepreneur and sportsman, Headen learned to fly in 1911, manufactured his own "Pace Setter" and "Headen Special" cars in the early 1920s,

and founded the first national black auto racing association in 1924, all establishing him as an important authority on transportation technologies among African Americans. Emigrating to England in 1931, Headen also proved a successful manufacturer, operating engineering firms in Surrey that distributed his motor and other products worldwide for twenty-five years. Though Headen left few personal records, Jill D. Snider recreates the life of this extraordinary man through historical detective work in newspapers, business and trade publications, genealogical databases, and scholarly works. Mapping the social networks his family built within the Presbyterian church and other organizations (networks on which Headen often relied), she also reveals the legacy of Carthage's, and the South's, black artisans. Their story shows us that, despite our worship of personal triumph, success is often a communal as well as an individual achievement.

