

"A CALL TO PRAY"

1. Pray without ceasing: **1 Thessalonians 5: 17**
2. Make your request known to God:
Philippians 4:6
3. Cry out to God: **Psalms 55: 17**
 - a. Morning- - - - - 6:00am
 - b. Noon- - - - - 12:00 noon
 - c. Evening- - - - - 6:00pm
 - d. Midnight- - - - - 12:00 Midnight

We are praying for the body of Christ to rise to the occasion with a spirit of BOLDNESS so the world can see JESUS:

FOCUS PRAYER:

1. Souls for the Kingdom: Revelation 2 and 3 ...
"He that hath an ear, let him hear what the Spirit saith unto the churches." Jeremiah 6:11-17
2. Against the spirit of fear 2 Timothy 1:7
3. The peace of God: Philippians 4:7
4. Spiritual Healing and Physical Healing: Isaiah 53:5; Jeremiah 17: 14
5. The love of God to abide within us:
1 John 2:15-17

NOTE: Suggested scriptures:

Psalms 50, 142, 141, 91, 90, 46-49 etc.

1. **Deacon Fields** ~ Beaufort, Port Royal, Parris Island, Hardeeville, Ridgeland
2. **Deacon Fields Until Further Notice** ~ Laurel Bay, Grays Hill, Seabrook, Dale, Sheldon, Jenkins, Burton, Big Estate
3. **Deacon Holmes**
Warsaw, Lady's Island, Oaks
4. **Deacon Middleton**
Saxonville and Seaside road
5. **Deacon Rivers** ~ Corner, Scott, Orange Grove, Ann Fripp, Tombee, Lands End
6. **Deacon Middleton Until Further Notice**
Indian Hill, Tom Fripp, John Fripp, Cedar Grove.

- Molly Hill, Folly Road, Coffin Point
4. **Deacon Glover** ~ Wallace, Edding Point, Croft, Mary Jenkins

Prayer Plan and Assignments

~In this plan, all wards are identified by their Deacon leader.

1. Deacons Fields ~ GROUP 1
2. Deacons Holmes and Bailey ~ GROUP 2
3. Deacons Middleton and Rivers ~ GROUP 3
4. Deacon Glover ~ GROUP 4

~Each group will begin with this assignment:

- GROUP 1 - 6 A.M. -Focus 1
- GROUP 2 -12 NOON -Focus 2
- GROUP 3 - 6 P.M. -Focus 3
- GROUP 4 -12 MIDNIGHT -Focus 4

~ Each Successive week, each Group will move down to the next focus.

~ The length of the prayer time is less important than the intensity of the prayer time.

Thank You For Your Cooperation. GOD LESS

Important: Continue to Wear Face Covering

Cloth face coverings may help prevent people who have COVID-19 from spreading the virus to others. Wearing a cloth face covering will help protect people around you, including those at higher risk of severe illness from COVID-19 and workers who frequently come into close contact with other people (e.g., in Schools, stores and restaurants).

Bethesda Christian Fellowship Live Streaming



Join Us on Sunday Mornings

For Our Teaching and Learning Experiences

Sunday Worship Services can be accessed via livestreaming on Sundays at 10 AM on:

- Bethesda Christian Fellowship Facebook page [Bethesda Christian Fellowship - Home | Facebook](#)
- Bethesda Christian Fellowship live stream on YouTube [Bethesda Christian Fellowship - YouTube](#)
- Our webpage [Bethesda Christian Fellowship \(revmediatv.com\)](#)

(Remember to Like the Bethesda Page.)

BETHESDA CHRISTIAN FELLOWSHIP

Access the broadcast by phone at

1(848)777-1500

Conference ID

8438384410



Please join us for "Just A Word" segment that's livestreamed every Wednesday at 1:00 pm on Facebook.

Sermons can be found on our Bethesda Christian Fellowship Facebook page. Edited versions can be found on YouTube at Bethesda Christian Fellowship St. Helena Island, as well as, under Sermons on our webpage.

Stamp Here



Then It Came To Me...

How much is enough?"

A challenge being faced by Christianity everywhere is the church's relationship with the world. How should we relate to the world? Do we have any responsibility to the world? If so, how is that carried out? Then, what should be the world's influence on the church?

Without a doubt, the church is directed and expected to influence the world. The Word of God teaches us that there is a strict line of separation between the church and the world. Those who are not God's belong to their father, the devil. The church is obliged to be "salt and light." These substances do influence their surroundings. Salt and light bring change to any situation. Besides this, the church is commissioned to take to the world the good news of the liberating work of Jesus Christ.

Christians must reflect on our effectiveness in influencing the world. We must also, with equal vigilance, assess the influence of the world on the church. Let us be clear on this matter: there are technologies, money matters and other concerns in the world which are available to the church and the world. While the world will use these concerns to glorify its father - the devil, the church must capitalize on the possibilities these concerns give for bringing glory to our father - Jehovah.

With that understood, we must still answer this matter: How much influence should the world have on the church? The answer is simple ~ None!!! That answer probably brings some resistance and scorn from some saints. However, the truth remains.

Consider these truths:

• *1 Corinthians 6:14* ~ "Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness

The Bethesda Herald

A Ministry of Bethesda Christian Fellowship



The Place of the Outpouring

with unrighteousness? And what communion hath light and darkness?

• *1 Corinthians 5:6* - "Know ye not that a little leaven leaveneth the whole lump?" So, "How much is enough?" None, simply none. We must be guarded against the influences of language, dress, standards of conduct or any matters that the world embraces. If it pleases the devil, it cannot glorify God, our Father.

Let our minds be settled. Let us not continue to go back and forth over what is already settled in heaven.

Any defilement by the world hinders our walk with God and fellowship among believers. Expect the Holy Spirit to empower us as we seek to please our Lord.

Shalom, my Friends
Pastor Kenneth C. Doe

Series:

FAVOR OF GOD

September 5th

Demonstrated Delight
2 Chronicles 16:9; Romans 8:1-4

September 12th

Things That Trigger The Favor Of GOD
Isaiah 66:1-2

September 19th

Why Favor Matters
Judges 7:1-3; Judges 6:14-16

September 26th

Think It Not Strange
1 Peter 4:12-13

Isaiah 66:2

"A Seniors' Perspective"



In the stillness, hear your Lord- your Friend whisper words of affection and encouragement to your heart.

These words belong to God's faith-filled people since ancient time and they belong to you still today.

Isaiah 41:10 ~ Fear thou not; for I am with thee; be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Submitted by,
Sister C. Bennett

Bethesda Herald Newsletter

We would like to place all Anniversaries, Birthdays, Graduations and Special Achievements and church information in the Newsletter, but we need your help.

Please submit to church secretary,

Sister Barbara Jean Holmes

email:

bethesdachristianfellowship36@gmail.com

Honor Roll ~ Submit a Photo



A`Nya Bridges ~ Oct. 2nd

Cheryl Hendrix ~ Oct. 3rd

Madline Alston ~ Oct. 4th

Christine B. Simmons ~ Oct. 6th

Amber Johnson ~ Oct. 18th

Willie Mae Grant - Oct. 22nd

Derek L. Simmons ~ Oct 23rd

Carol Clark ~ Oct. 28th

Jeanne D. Effinger ~ Oct. 30th



BETHESDA CHRISTIAN FELLOWSHIP

Post Office Box 515

Saint Helena Island, South Carolina 29920

Corona Virus Update



Dr. Claude Tolbert Jr.

Since June we've seen an increase in Covid-19 infections and covid related deaths. South Carolina ranks first in the Nation, averaging 5500 new cases daily. This in part due to the Delta variant and decreased vaccination rates. The Delta variant is twice as contagious as the original Covid virus. It is also more likely to cause severe illness and death. This tragic consequence is avoidable.

As of September 10th, there were 74 patients admitted to Beaufort Memorial Hospital diagnosed with Covid. 83% of those admitted were unvaccinated. There were 9 patients on ventilators and all of them were unvaccinated. The data overwhelmingly shows that the vaccine does protect and prevents death. Very similar trends are seen at other hospitals throughout the country.

Currently there are three vaccines available for your protection:

- ◆ **Pfizer** for those 12 years and older, given as series of two injections.
- ◆ **Moderna** also given as series of 2 injections, given to those 18 and older
- ◆ **Johnson and Johnson** given as single dose for those 18 and older

All vaccines are deemed safe in pregnancy and can be received from any of our local pharmacies.

Booster shots have been recommended particularly for those who are immunocompromised, such people who are receiving chemotherapy for cancer, recipients of organ transplants, those with HIV and those who are on high dose steroids. There are studies underway to see if booster shots will be advised for others. Timing of the booster is 8 months from the second injection.

There are treatments available for some who become covid positive. This is not a substitute for the vaccine but is given to reduce the severity of

the infection. This treatment is Monoclonal antibody infusions which are only given on an outpatient basis and requires a physician's order.

These monoclonal antibodies should be given as soon as possible and less than 10 days from a + test. This treatment is only for those who are high risk for severe illness or death.

This category includes the following:

- Age >65
- Overweight
- Pregnancy
- Chronic Kidney disease
- Diabetes (type 1 or 2)
- Weakened immune system
- Currently on immunosuppressive treatment
- Chronic lung disease
- Sickle cell disease
- Neurodevelopmental disorders

Once again this treatment does not replace the protective effect of the vaccine.

The points to remember:

1. Continue to wear mask when in public places.
2. For those who are not vaccinated, get vaccinated
3. Those who have received the vaccine and particularly those who are high risk, consider getting a booster
4. Lastly if you are Covid positive and High risk for severe illness and death, contact your physician to receive monoclonal antibody infusions.

Health Corner



Dr. Andra Davis-Tolbert

Childhood Obesity

Childhood Obesity- What Can We Do About It? Childhood obesity has become a public health concern in the United States. Today, up to 24% of American children and adolescents are overweight and up to 18% are obese. In particular, the highest rise is in minority populations. These measures are determined by the body mass index (BMI). The BMI is a measurement of weight with respect to a person's height. The BMI does not look directly at body fat but this measurement is the closest correlate.

There are many reasons why a child or adolescent becomes overweight or obese. Some variables we cannot change. These factors include: genetics, hormonal disorders and certain required medications. The variable I will focus on today is one that we can totally control. It is also the variable that has changed the most over the years- lifestyle.

To sum it all up, our lifestyle changes over the past two to three decades have made us lazier and we eat bad. As technology has advanced, we have become more sedentary. Meals which were once a gathering time for families to sit and talk about their day have become more meals on the go. These changes have us now dealing with what have been more traditionally adult problems but now in a younger population. The consequences are great and affect both the physical and mental aspects of a child's life. Some of these are: hypertension (high blood pressure), diabetes, hypercholesterolemia (high cholesterol), liver and kidney diseases, low self-esteem and social isolation. So what can we do about this? In a young growing body that is supposed to be getting taller and heavier, it can be become challenging to minimize excess weight gain but still foster appropriate growth when it is supposed to be happening. Direction should always be from a health care provider. Here are a few tools to get started:

- **GET MOVING!**
 - * Decrease TV and computer time.
 - * Walk 30 minutes every day.
- **ADEQUATE REST**
 - * Children and adolescents need at least 8-10 hours of sleep a night.
 - * Lack of sleep make children more tired and less apt to be more active.
- **DECREASE SUGARS**
 - * Decrease in what is considered free sugar intake; in particular, avoid things with the ingredients monosaccharides or disaccharides. Examples are honey, syrups, and fruit juices.
- **DECREASE FATS**
 - * Goal is to decrease intake of total fats; especially saturated fats. Examples are French fries, pizza, potato chips, cookies, and cakes.
- **DECREASE SODIUM**
 - * Minimize the amount of salt added when cooking or eating.
 - * Look for salt substitutes.

- * A good rule of thumb: Most packaged foods found on a shelf have very high sodium content and should be avoided.
 - **INCREASE WATER INTAKE**
 - **INCREASE FRESH FRUITS AND VEGETABLES**
 - **LIMIT FRIED FOODS**
 - * The oils used to fry food have a lot of fat. This in turn gets absorbed in to the foods we eat.
 - **LOW FAT DAIRY PRODUCTS**
 - * Whole milk has a significant amount of sugar and fat. 2% milk is not much different. Low fat milk is considered 1% or skim. Whole milk is critical to a developing toddler.
- ** THE TRANSITION TO LOW FAT DAIRY PRODUCTS NEEDS TO BE AT THE RECOMMENDATION OF YOUR CHILD'S HEALTHCARE PROVIDER.**

We spend a lot of time focusing our energy on making our children successful for future careers. I encourage us all to continue doing the same. We must also recognize the importance of maintaining healthy lifestyles for them as well. This will involve the entire family, the child and the healthcare team. It truly takes a village! One step at a time, one meal at a time, one day at a time.



Referendum to Change the Form of Government Public Affairs Statement & RTQ September 14, 2021

INTENT: These talking points help educate the public about the referendum and are not meant to influence voters either way.

STATEMENT
Beaufort County Council voted in June 2021 to place the issue of changing the County's form of government — which, if approved, would give the council power to appoint the County's Treasurer and Auditor — on the November 2, 2021, ballot.

The question will ask Beaufort County voters whether they approve of changing the government structure from council-administrator to council-manager, effectively giving the county power to make the auditor and treasurer non-elected positions. Under the current form, the Treasurer and Auditor are elected by voters and serve four-year terms.

The four forms of county government available in South Carolina are the council form, council-supervisor form, council-administrator form, and council-manager form. To date, 32 counties use the administrator form, five the supervisor form, seven the council form, and two the manager form. There are some important differences between the various forms of county government.

Talking Points Council-Administrator (Current Form)

- If Council members are elected for four-year terms of office.
- The Treasurer and Auditor are elected to four-year terms of office and are independent of the Council and the County Administrator.
- The administrator is a appointed official employed by the Council who is the county government's administrative head responsible for administration in all departments subject to the Council's control.
- The Council may employ the administrator for a definite term or not, at its discretion.
- Should the Council decide to terminate the administrator, he shall be given a written statement of the reasons for termination and has the right to a public hearing at a council meeting.
- The administrator is specifically directed by law to inform the Council of anticipated revenues and the amount of tax revenue required to meet the financial requirements of the County when he presents proposed operating and capital budgets to the Council.
- The administrator has no authority over any elected officials of the County whose offices were created by the state Constitution or laws, except applying general organizational policies adopted by the Council.

Talking Points Council-Manager (Proposed Form)

- If Council members are elected for four-year terms of office.
- Treasurer and Auditor may be appointed by the county council rather than elected.
- The Council must determine the method of selection and, if the appointive status is preferred, must pass an ordinance to that effect.
- Once made appointive officers, the Auditor and treasurer are subject to control by the Council and the manager in the same manner as other appointed department heads of the County.
- The County Manager is an appointed official who reports to the county council. His powers and duties are identical to those of the county administrator discussed above.
- Similar restrictions apply in the manager form regarding the Council's powers over elected officials as in the other forms of county government.

QUESTIONS & ANSWERS

Q1: How much will changing the form of government cost?
A1: There would be minimal costs associated with this change.

Q2: It seems that this is only brought up because of the lawsuits and fighting with the Auditor?
A2: The County Council would like the voters to look at both government forms and decide which one they would like to have.

Q3: Is this just a power grab by the County Council?
A3: The County Council would like the voters to look at both government forms and decide which one they would like to have. If passed, the Council would then determine the method of selection.

Q4: What is the major difference between the two forms of government?
A4: In the Council-Manger, the Treasurer and Auditor are appointed by the county council rather than elected. In the Council-Administrator, the Treasurer and Auditor are elected.